



WHAT IS A MOSQUE

and what happens at a Mosque?

A mosque is a sacred place of worship for Muslims.

It serves as a spiritual centre for the community, a space for congregational prayers, and a hub for religious, educational, and social activities. Muslims pray in mosques to:

- Establish a direct connection with Allah
- Create a sense of unity and community among believers
- Community activities take place
- Seek spiritual solace and guidance
- Strengthen their faith through congregational worship

DID YOU KNOW?

- Many Mosques in the UK have food banks which support their local communities
- Many Mosques have youth clubs, offer counselling sessions, advice sessions, health promotion, community engagement activities and much more
- Many Mosques hold open days such as Visit my Mosque to encourage community cohesion and building meaningful relationships in local communities